

PROMOTION RECOMMENDATION
THE UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Mark A. Ilgen, Ph.D., associate professor of psychiatry, with tenure, Department of Psychiatry, Medical School, is recommended for promotion to professor of psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees:

Ph.D.	2003	University of Colorado
M.A.	1999	University of Colorado
B.A.	1997	Miami University

Academic Appointments:

2012-present	Associate Professor of Psychiatry, University of Michigan
2007-2012	Assistant Professor of Psychiatry, University of Michigan
2005-2007	Research Health Science Specialist, Center for Health Care Evaluation VA Palo Alto Health Care System

Summary of Evaluation:

Teaching: Dr. Ilgen supervises psychology interns, post-doctoral fellows and junior faculty. Several research fellows have been successful in obtaining Career Development Awards from the VA or NIH. He served as the co-director of the National Serious Mental Illness Treatment Resource and Evaluation Center (SMITREC) psychology postdoctoral fellowship for several years and now serves as the co-director of the Mentorship Core of the Center for Clinical Management Research (CCMR). In this role, he holds twice-monthly seminars for post-doctoral fellows on topics related to career development. Since 2014, Dr. Ilgen has been the co-leader of the University of Michigan's Institute for Healthcare Policy and Innovation's Mentored Research Academy: R01 Bootcamp. In this role, he works with cohorts of up to eight faculty members from throughout the university who are working to develop and refine successful R01 grant applications. In this way, his mentorship skills are shared at a broader level across the Medical School and the university.

Research: Dr. Ilgen is a clinical psychologist and an addictions health services researcher whose work involves improving substance use disorder (SUD) outcomes from the standpoint of the individual patient, specific treatment programs, the larger health system and society. A core focus of this work has been on the group of individuals with SUDs who typically have some of the poorest treatment outcomes – those with significant medical and psychiatric comorbidities. The primary focus of Dr. Ilgen's research is the development of strategies to improve the treatment of individuals with severe alcohol- and drug-related problems. This work led him to develop expertise in (1) the study of suicide risk in individuals with substance use disorders and the role of psychosocial treatments in reducing this risk; and (2) the study of methods for treating individuals with both chronic pain and substance-related problems. His research is clinically applied and has targeted the identification of risk factors for these conditions and/or methods to improve care. Dr. Ilgen is the principal investigator on more than \$12.5 million in grants from the Department of Veterans Affairs, the Department of Defense, and the National Institute on Drug Abuse (NIDA). He is a key member of a productive team of investigators and has

been actively involved as a co-investigator in a number of successful NIH and VA proposals over several years.

Recent and Significant Publications:

Ilgen MA, McCarthy JF, Ignacio RV, Bohnert ASB, Valenstein M, Blow FC, Katz IR: Psychopathology, Iraq and Afghanistan service, and suicide among Veterans Health Administration patients. *Journal of Consulting and Clinical Psychology* 80:323-330, 2012.

Ilgen MA, Kleinberg F, Ignacio RV, Bohnert ASB, Valenstein M, McCarthy JF, Blow FC, Katz, IR: Noncancer pain conditions and the risk of suicide. *JAMA Psychiatry* 70:692-697, 2013.

Ilgen MA, Bohnert K, Kleinberg F, Jannausch M, Bohnert ASB, Walton M, Blow FC: Characteristics of adults seeking medical marijuana certification. *Drug and Alcohol Dependence* 132:654-659, 2013.

Ilgen MA, Bohnert ASB, Ganoczy D, Bair MJ, McCarthy JF, Blow FC: Opioid dose and risk of suicide. *Pain* 157:1079-1084, 2016.

Ilgen MA, Bohnert ASB, Chermack ST, Conran C, Jannausch M, Trafton J, Blow FC: A randomized trial of a pain management intervention for adults receiving substance use disorder treatment. *Addiction* 111:1385-1393, 2016.

Service: Dr. Ilgen is the associate director of the University of Michigan Addictions Center. In August 2016, he was appointed as the interim director of the Addictions Treatment Service with substantial administrative, management and clinical responsibilities to ensure the delivery of quality addictions treatment to University of Michigan Addictions Treatment Services (UMATS). He serves as a member of the Department of Psychiatry's Adverse Events Committee and the Appointments and Promotions Committee. Recently, he was re-elected to the reconstituted Research Committee. Within the VA, Dr. Ilgen has served on the Ann Arbor VA Institutional Review Board as well as the Executive Committee of the VA Center for Clinical Management Research (CCMR), a large VA research center with over 40 investigators from different departments within the Medical School. He also serves as a co-director of the Mentorship Core at CCMR. On the national level, Dr. Ilgen served on ad hoc grant review committees for NIDA. He is a standing member of the VA Health Services Research Career Development Award Review Committee. He serves on the editorial board for the *Journal of Substance Abuse Treatment* and is a reviewer for other journals. He has served as a Steering Committee member on the National VA Suicide Prevention Steering Committee and as a workgroup leader for the National VA Substance Use Disorder (SUD) Quality Enhancement Research Initiative (QUERI).

External Reviewers:

Reviewer A: "I can think of few research scholars nationally or internationally that have had as much impact as Mark on the study of suicide in people with addictions. His expertise in the area is widely recognized and manifest by a truly remarkable track record of peer-reviewed publications and acquisition of grants... Mark's work has helped to raise critical awareness of the interface between suicide and chronic pain, use of opioids in that context, and, more recently, the potential for interventions targeting pain management as a means to modify risk. These issues, of course, are particularly salient among men and among veterans, populations the study of which Mark is an unquestioned leader nationally and internationally."

Reviewer B: "...his research findings have informed the assessment of suicide risk amongst veterans, influenced suicide prevention in non-psychiatry treatment settings, and have shed light on the role of opioids in suicide risk. His new randomised [sic] trial suggests that pain management intervention improves outcome in people receiving treatment for substance use disorder."

Reviewer C: "...the first authors of many of his more recent publications are his current or former postdoctoral fellows and mentees, which attests to Mark's ability to produce successful and productive scientists... I believe that Mark's research around the intersection of substance use disorders, depression, pain and suicidality represents his strongest and most original work, and is where he has made the greatest contributions. He is publishing excellent, creative papers in these areas, and has become a leader in the field."

Reviewer D: "His publication work is outstanding with many high impact journal articles, many senior or first author articles and evidence of collaboration... I am most impressed with the publication record around a consistent theme of pain management. His message is clear and consistent...."

Reviewer E: "Dr. Ilgen is nationally and internationally recognized as an expert in addictive disorders and its comorbidity with chronic pain and suicide. He is among the best scientists in our field. Dr. Ilgen has made significant contributions to our understanding on the links between chronic pain, addictions and suicide and developed highly innovative treatment approaches for patients with pain and addictions."

Summary of Recommendation:

Dr. Ilgen has made major contributions in addiction research, teaching and service. He has developed unique areas of expertise focused on improving treatment for some of the most challenging and clinically complicated patients seen by the VA healthcare system. His innovative and applied projects conducted with colleagues have the potential to substantially improve treatment outcomes and quality of life for patients. He has an outstanding track record of funding from the Department of Veterans Affairs, the Department of Defense and the National Institute on Drug Abuse (NIDA). Through his clinical scholarly activities Dr. Ilgen has continued to make extensive contributions through collaboration and leadership roles within the Department of Psychiatry, University of Michigan Healthcare System, VA Healthcare System and the University of Michigan. I am pleased to recommend Mark A. Ilgen, Ph.D. for promotion to professor of psychiatry, with tenure, Department of Psychiatry, Medical School.



Marschall S. Runge, M.D., Ph.D.
Executive Vice President for Medical Affairs
Dean, Medical School

May 2017